

Cours hebdomadaires à OMJ Yoga, année scolaire 2018-19

	Lundi	Mardi	Mercredi	Jeudi	Vendredi
17h					
17h30	Yoga Doux Neuvy	Yoga Méditation Moulins	Yoga Relaxation Moulins	Yoga Relaxation Moulins	Yoga Relaxation Moulins
18h					
18h30					
19h	Yoga Relaxation Neuvy	Yoga Avancé Moulins	Yoga Relaxation Moulins	Yoga Relaxation Moulins	Yoga Relaxation Moulins
19h15					
20h					
20h45					
21h					